



ST PAUL'S
KNIGHTSBRIDGE

31 August 2014: **Trinity 11**

ONE MORE DAY

I've had several conversations this summer with people about length of life and the burden of old age – which I know, for some, is real. And I also had an encounter and a conversation with an Actuary whose business is thinking about the real cost of life in business and finance. He happened to be a Christian, our conversation was wide-ranging and it got me thinking....

If you are *lucky*, you might live to be 100 or more, provided you live in Western Europe, Australia or North America. You are *likely* to live well into your

80s. Global actuarial tables reveal two things: first, that when it comes to average length of life there is huge disparity between regions of the world, and second that it is good news that we live *where* and *when* we do. Over recent centuries economic factors, differences in public health provision, medical care and diet have seen life expectancy

in the United Kingdom stretch beyond anything our ancestors could have imagined possible. If this sometimes feels like a burden to those struggling with the frailties of older age, it is, arguably, also an astonishing advance. It is all about averages, of course, but we are *likely* to enjoy longer life than any generation before us in the history of the world.

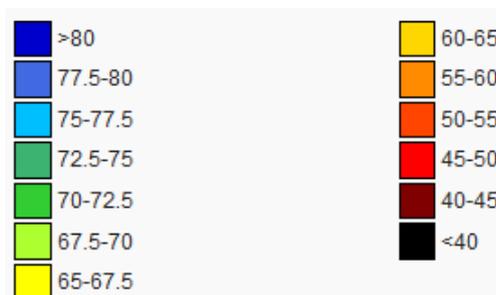
However, of course there are no guarantees! *Media Vita In Morte Sumus*: in the midst of life we are in death. Scripture talks of life as a breath of wind, a vapour, a spark and as a precious but fleeting gift. There is no certainty that we will, inevitably, share in the good fortune of longer life. We will certainly spend much longer dead than we ever do alive and once this life is over there are no second chances. There is no pause button. Or replay. No reset button. It is once and for all. Life *is* a fleeting and precious gift and it is too important to waste.

But you are in luck. The good news is that today is a very special day because you are still alive. Which means you have one more day to make this life count! You have one more day to change the trajectory of your life. You have one more day to stop

living in the past or chasing empty promises and instead to focus on the only things that matter: living for the day, loving God and loving others.

As they say in Scotland, "you're a long time dead!" There is no guarantee of tomorrow. But you have today. Make it count.

Fr. Alan Gyle



AWARENESS & ACTION

GAZA APPEAL: Please consider the ongoing humanitarian crisis in the Middle East and remember that you can make a positive impact by supporting either the work of CHRISTIAN AID or the national appeal being organised by the DISASTERS EMERGENCY COMMITTEE.



TWO NEW GROUPS: Thanks to David Lloyd and to Lois Moore for being prepared to convene two new parish groups – one focussing on the awareness-raising work of Amnesty International and the other tapping into the energies of London Citizens. Watch this space for further information in the early Autumn.

SPIRITUALITY & PRAYER

DAILY SERVICES: Please remember that in addition to the Sunday services, there is prayer every day in St Paul's Knightsbridge and a service morning and evening (morning and noon on Saturday).

PRAYER BRANCH: By coming together on a regular monthly basis we aim to deepen our prayer lives, our knowledge of the Bible and our overall understanding of our faith. We welcome new members. For details of where and when we meet, please contact Caroline Docker (020 7384 1165) or Cecily (020 7352 7844). Next meeting **Tuesday 16th September from 19:00-20:00**

THE FAMILY MASS: The Sunday morning Family Mass at 09:00 recommences its Godly Play programme next Sunday. For details of how you can be involved, please contact - all age worship

TUESDAY MORNING SILENT MEDITATION Begin the day with a guided silent meditation at St Paul's. Aidan Hawkes invites you to join

the group, which begins its autumn term on **Tuesday 30th September at 08:00.**

ALL SHALL BE WELL: A JULIAN STUDY DAY Robert Gregory Freuhwirth, Priest Director of the Julian  Centre in Norwich, is leading a study day at St Paul's Cathedral on **Saturday 4th October 2014.** The cost is £40 and includes a sandwich lunch and refreshments. Booking online at www.stpauls.co.uk/forum.

FORMATION & LEARNING

NEW PROGRAMME: We are hard at work finalising the new Christian Formation and Activity programme that will be available on 11 September. Plans include: Bible Study, Thinking about Mission, Music and Passion, A Dance project and an Introduction to the History and Politics of the Middle East; planned trips include visits to Chichester Cathedral, to St Martins in the Fields, to Amsterdam, Lyon, Beirut and Poland.

SOCIAL & COMMUNITY

PARISH LUNCH: Please join us for the monthly Parish Lunch at 13:00, next Sunday 7th September after the main mass.

GARDEN PARTY: the Parish Garden Party is on Thursday 11th September 2014 from 18:30 till 21:00. Access through the Vicarage.

TEA DANCE: Please keep the afternoon on the 27th September free for the parish Tea Dance. Ladies get your dance cards ready, and gentlemen start practising your moves! If you are a confident dancer and knowledgeable enough to instruct some of the younger members of the congregation, please get in touch with the parish office.



DATES FOR YOUR DIARY

REMEMBRANCETIDE EVENING: The Vicar invites you to 'save the date' for an evening of music and remembrance on Monday 10th November 2014.

THE ANNUAL ALL SOULS REQUIEM 18:00 on Sunday 2nd November. Please plan now to join us.

MUSIC DINNER: please note the date for the hugely popular Music Dinner at The Berkeley Hotel – Monday 2nd February 2015.

IN OUR DAILY PRAYERS

COLLECT FOR TRINITY 11

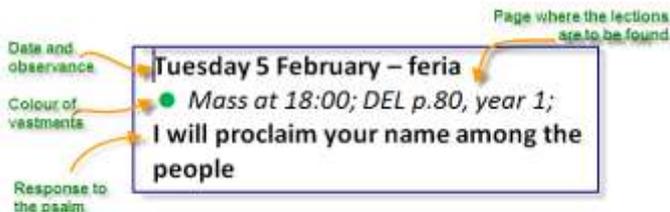
O God, who declarest thy almighty power most chiefly in showing mercy and pity: mercifully grant unto us such a measure of thy grace that we, running the way of thy commandments, may obtain thy gracious promises and be made partakers of thy heavenly treasure; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

POST COMMUNION FOR TRINITY 11

Merciful Lord, whose faithful people have celebrated that one true sacrifice which taketh away our sins and bringeth pardon and peace: by our communion stablish us on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. **Amen.**

MASSES & PSALM RESPONSES

There is a mass daily at St Paul's and all are welcome to attend. Service papers are available outside the Chapel or Chancel.



THE ELEVENTH SUNDAY AFTER TRINITY

Sunday 31 August – Trinity 11

- Masses at 09:00 & 11:00

Monday 1 September – feria

(DEL week 22)

- Mass at 18:00; DEL p. 609 (year 2);

Let your loving-kindness, O Lord, be upon us.

Tuesday 2 September – feria

- Mass at 18:00; DEL p. 612 (year 2);

The Lord is righteous in all his ways and loving in all his works.

Wednesday 3 September – Gregory the Great

- Mass at 18:45; EH p. 293;

Give thanks to the Lord, the Holy one.

Thursday 4 September – feria

- Mass at 18:00; DEL p. 617 (year 2);

The earth is the Lord's, and all who dwell therein.

Friday 5 September – feria

- Mass at 18:00; DEL p. 619 (year 2);

The salvation of the righteous comes from the Lord.

Saturday 6 September – feria

- Mass at noon; DEL p. 621 (year 2);

The Lord is righteous in all his ways and loving in all his works.

Sunday 7 September – Trinity 12

- Masses at 09:00 & 11:00

We pray daily for:

- The renewal of the Church.
- our Bishop, Richard
- our sister parish, St Paul's K-Street
- those on active service overseas
- the Archbishop of Canterbury, Justin Welby, and for the unity and health of the Anglican Communion
- our sisters and brothers of the Roman Catholic Church and for Pope Francis I, and for the Eastern Orthodox churches and Bartholomew the Ecumenical Patriarch.

Among the sick and those in need:

Clifford Browne; Christopher Browne; Jessica Macdonald Johnston; Elizabeth Gordon; Clariette Wilmot; Lane Davenport; Janet Sturdy; John Soderquist; Carole Taylor; Sara Carroll-Parker; Maggie Millbourn; John Millbourn; Christiane Dupont Nangle; Peter Brook; Michael Cook; John King; Daphne Nugent; John Willmington; Alexandra Holesh; Penri Morgan; Malcolm Walsh; Jean Marc Lehut.

Those whose Year's Mind is at this time:

Victor Danenza	3 September
Henry Montagu Villiers	9 September
Richard Coke	12 September
John McMullan	13 September

CONTACTS



www.spkb.org

parish microsite www.spkbinfo.org



@StPKbridge



StPaulsKnightsbridge

THE PARISH CLERGY



Vicar

Fr Alan Gyle
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Associate Vicar

Fr Andrew Sloane
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Honorary Assistant Clergy



(l-r) Fr Nick Mercer; Fr Andrew Norwood; Fr Graham Palmer; Bishop Michael Colclough
A priest is available before or after the daily Eucharist for confession and spiritual guidance, and also by appointment. A member of the parish clergy is always available in pastoral emergencies and we will be glad to be contacted at whatever hour, seven days a week; however, as a general rule, Fr Alan is unavailable on Mondays and Fr Andrew Sloane on Fridays.

THE MUSIC DEPARTMENT



Director of Music

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Assistant Director of Music

Jeremy Cole

Organ Scholar

Luke Navin

LAY OFFICERS & OTHER STAFF



Churchwarden

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Churchwarden

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Treasurer

Noel Craven

Lady Verger & Churchwardens' Deputy

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Vicar's PA

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